



The Advanced Weeklong

November 5 – 11, 2008

Tuition: \$900

Room and Board:

Single: \$720 Double: \$600 Dorm: \$510

Name _____

Address _____

Country _____

Phone(work)(home) _____

Email _____

I am attending for Certification

Certifying Coordinator _____

Room preference:

Single, Double, Dorm style (3 or 4 people)
(please circle)

Visa/MasterCard/American Express

(Please circle appropriate)

Card Number _____

Expiration Date _____

Please return this form, along with a \$500 deposit to:

The Focusing Institute

34 East Lane

Spring Valley, NY 10977

(845) 362-5222

www.focusing.org

Cancellation: \$100 administrative fee for cancellation.

After September 5, all fees are nonrefundable except in unavoidable emergency.

Location: Garrison Institute is 50 miles north of New York City by car, and just over an hour from Grand Central Train station in New York City by commuter train. You'll receive directions for driving or arriving by plane and train when you register.

The Weeklong provides translators as needed. Let us know about your need.

Wednesday evening: Orientation and informal gathering

The times for each day are:

7:30 am - 8:30 am Breakfast

8:30 am - 12:00 pm Presentations, Project Groups

12:00 pm - 1:00 pm Lunch

1:00 pm - 2:30 pm Open Space, Partnership Time, Bookstore

2:30 pm - 5:30 pm Presentations, Project Groups

6:00 pm - 7:00 pm Dinner

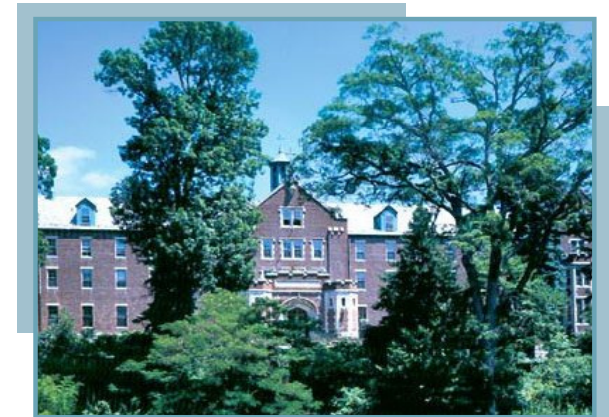
Evenings:

7:30 pm - 9:00 pm Focusing Café

Monday evening Ceremony to welcome you as new Trainers

12:00 Noon Tuesday The Weeklong ends with lunch

The Weeklong has become an instance of the possibilities for new patterns that occur when we bring experiential focusing into engagement with our international community



**November 5 – 11, 2008
at the Garrison Institute
Garrison, New York**

Highlights Include:
*Advanced Skills Training
Cross-Lingual/Cross-Cultural Focusing
Focusing Outreach Projects*

**We invite you to enter our
Global Community!**

The Weeklong is an opportunity to experience (bodily) how international we are, to acquire advanced skills, to develop cross-cultural competencies, and to explore your unique ways of bringing focusing to the world through Project Groups.

International friendships develop that become very precious.

OBJECTIVES:

Enhance Basic Skills

- * Learn new skills and refine known skills in your areas of interest, for example:
 - Macro-focusing*
 - Nature and Focusing*
 - Spirituality*
 - Mind/Body Medicine*
 - Focusing-oriented Psychotherapy*

- * Benefit from workshops led by new emerging teachers

Discover The Richness of International Focusing

- * Develop competencies as an international focusing trainer.
- * Workshop topics will include:
 - *Cross-lingual focusing skill development*
 - *How Process Model Concepts inform cross-cultural focusing*
 - *How focusing within mythology is cross-cultural*
- * Cross-cultural and cross-lingual partnerships will form daily with people from 12- 15 different countries. Partnerships permit transfer of both information and experiential knowing.
- * Breakthroughs to a new opening of your work and/or your personal life usually happen.
- * Evenings will be spent sharing music, dance, and spontaneous offerings.

Focusing Outreach Project Groups

- * As Focusing Professionals we are each carrying forward our work in our unique way. This is how focusing works. Every day, participants will work in project groups to develop each person's way of bringing focusing into the world. To foster your creativity, these community groups will transcend cultural and linguistic limitations.

Your Project could be a plan to:

- Develop a way to teach focusing
- Find "my way" to give talks
- Start a changes group
- Explore that sense of "not knowing my project"
- Conduct a research study
- Build a theory
- Develop a new application of focusing

Even if your way is a fragile green shoot, participating in a Project Group will support your inner development while linking your work to emerging fields – new territories of applied focusing that many people are mapping. The Weeklong *leaders* and *Emerging Teachers* will facilitate these objectives of the weekend through workshop presentations, facilitation of project groups, informal interactions and focusing opportunities.

The Certification Weeklong is a celebration of your transition into being a teacher of Focusing and a representative of Focusing to the larger world. It is also a place where you can gain confidence and skills in Focusing, and in facilitating and teaching Focusing. Each year a unique group of trainees and trainers attend the Certification Weeklong.



Robert Lee, Ph.D. (Costa Rica) is a focusing theoretician and innovator. He has developed a new model for teaching focusing (Domain Focusing) and has developed a theory and practice for change on the macro level for stubborn problems (Changing the Unchangeable through Focusing)

Doralee Grindler Katonah, Psy.D., M.Div. (U.S.)

has taught Focusing-Oriented Psychotherapy in a graduate setting for 13 years and Focusing for 30 years. She served as psychologist for a complementary medicine center where she integrated a focusing approach. She was recently ordained as a lay teacher of Zen Buddhism and this past year moved to California. She has a longstanding interest in the spirit/body field of focusing, and conducted research in mind/body medicine. She is interested in how Process Model concepts further new patterns of relating.



Dieter Müller (Germany) is a psychologist; has trainings in Behaviour Therapy, Client Centred Psychotherapy and Focusing Oriented Psychotherapy. He also works in the field of Supervision: Leadership counselling, team development, etc. His special interest is to bring Focusing into the different areas of applied psychology using the experiential theory of Gendlin: Focusing and chronic pain management Focusing and Decision making.